



Living in Victory Part 7: Spiritual Growth Notes

KEY VERSE

“Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ”
(Ephesians 1:3).

DISCOVERY QUESTION

Immediately after verse 3, Paul will go on to list 15 different spiritual gifts that we have been given. Read Ephesians 1:4-20 and write down as many as you discover. Do you think this list includes every single spiritual blessing? Do you think there are even more?

LIFE REFLECTION POINT #1

There is not a single spiritual blessing that isn't yours right now in Christ. Paul says that “God has blessed us in the heavenly realms.” Many people have thought this means that our spiritual blessings are waiting for us in Heaven. The Greek word for

“heavenly realms” is (epouranios) which is an adjective meaning existing in Heaven or things that take place in Heaven. Knowing that the blessings that exist in Heaven belong to us now on Earth in Christ how does that change your thoughts on your day-to-day living?

LIFE REFLECTION POINT #2

Of the fifteen spiritual blessings that Pastor Matt covered what is your favorite one or two from the list? Were there any blessings that you were unaware of or did not know what they meant before today?
