



Living in Victory Part 1: Spiritual Growth Notes

KEY VERSE

“You have turned for me my mourning into dancing;
You have loosed my sackcloth and girded me with
gladness” (Psalm 30:11).

DISCOVERY QUESTION

Read Psalm 30:1-3. What are some of the things that David experienced in his life that could have kept him in a state of sadness if God did not turn things for him?

LIFE REFLECTION POINT #1

Think about some things in your past that caused you sadness and mourning. How did God turn things around for you? Have you experienced similar life challenges to David, such as severe health problems, a significant injury, and personal attacks from others against you? Was your response to things that caused you great sadness to cry out to God for help like David? Why or why not?

LIFE REFLECTION POINT#2

The Hebrew word for “turn” in Psalm 30:11 means overturn, turn around, change, transform. How did God turn mourning into peace and joy in David’s life (see 2 Samuel 12:20)? God would bring the gift of a baby named Solomon as a direct result of David worshipping God in the middle of his sadness. In the message Pastor Matt reveals the meaning of the name Solomon. So, what does God bring to your life as a result of your worship? (Hint: The answer is the meaning of the name of Solomon). How does this turn your sadness into joy?



Living in Victory Part 2: Spiritual Growth Notes

KEY VERSES

“Don’t fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God’s wholeness, everything coming together for good, will come and settle you down. It’s wonderful what happens when Christ displaces worry at the center of your life” (Philippians 4:6-7).

DISCOVERY QUESTION

Read Philippians 4:6-7. Worry comes on us all at different points in our lives. We don’t have to continue to worry instead there is something else that we can do. What is it? What will happen to you as a result? What does Christ do to the worry in your life when you pray?

LIFE REFLECTION POINT#1

Philippians 4:5 reminds us that “the Lord is near.” Why might this truth be important when we are experiencing troubling things? Worry builds and we

can allow it to bring us to the place of being troubled. Philippians 4:6 says, “Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” “With Thanksgiving” is (meta) (eucharistia) in the Greek. Meta means after and eucharistia is the word we get communion from. What this is telling us is to worship God for all your spiritual blessings in Jesus before your requests. How do you think giving God thanks before presenting your needs to God will shift your prayers?

LIFE REFLECTION POINT#2

Write down a prayer request that you have. Now, what might you give God thanks for before presenting that request to God. How might you thank God for working on this need?



Living in Victory Part 3: Spiritual Growth Notes

KEY VERSES

“I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. “I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength” (Philippians 4:10-13).

DISCOVERY QUESTION

Read Philippians 4:13. How might the “all things” Paul is referencing in verse 13 be related to verses 10-12? Does this change the way that you read verse 13? “All things” is related to what God is calling you to do no matter how little or how much you have, how great your circumstance is or how bad it might be. You can do what He has called you to do in His strength. What is something you believe God is calling you to do? How does Philippians 4:13 give you faith to believe God will enable you to do?

LIFE REFLECTION POINT#1

Philippians 4:10 says that Paul “rejoiced greatly in the Lord”. His rejoicing came while he was in prison awaiting trial and possible execution. Contentment is secured as you view everything made available to you in Christ which will cause your spirit to rejoice. Why do you think that by shifting Paul’s focus off of the gift being delayed and instead rejoicing in the Lord brought contentment in his life? According to Philippians 4:13 what is the secret of contentment?

LIFE REFLECTION POINT#2

In Philippians 4 Paul says he has needs, but he is not needy because God is going to meet His needs (Philippians 4:12). What needs do you currently have (we all have them) do you believe God is going to meet your needs even if it seems that “the gift” is being delayed?



Living in Victory Part 4: Spiritual Growth Notes

KEY VERSE

“And my God will meet all your needs according to the riches of his glory in Christ Jesus”
(Philippians 4:19).

DISCOVERY QUESTION

God has promised to meet all of your needs in Jesus. The more we put our mind on this truth the more content we will be whatever may come. Why do you think some believers still have unmet needs? The Greek word used for” needs” in Philippians is (chreia) which means such things as we need for sustenance and the journey. How does this help answer the question why some perceived needs go unmet?

LIFE REFLECTION POINT#1

Read Philippians 4:13 and Philippians 4:19. Now start by writing below key thoughts you had from verse 19 and then do the same for verse 13. What did

you discover by placing these two verses together? Essentially, Paul is saying, “If God is the one who supplies you what you need, (“meet all your needs according to the riches of his glory in Christ Jesus”) then there is nothing you can’t do that He has called you forward in. The question becomes do you see yourself abundantly supplied in Christ?

LIFE REFLECTION POINT#2

Do you consider yourself rich? Many believers don’t think they are. However, every believer should see themselves as they truly are in Christ, abundantly supplied, your needs are met according to His riches. This means that you are rich because as your need arises, God’s supply will be there for you (Philippians 4:18-19).



Living in Victory Part 5: Spiritual Growth Notes

KEY VERSE

“After six days Jesus took with Him Peter, James and John the brother of James, and led them up a high mountain by themselves” (Matthew 17:1).

DISCOVERY QUESTION

Peter’s name means

James’ name means

John’s name means

By putting their three names together what message did it declare of what Jesus came to do?

LIFE REFLECTION POINT #1

Read Matthew 17:6. After God declares to only listen to the voice of grace what does Jesus say to His disciples? The way the phrase is written in both the

active and the passive voice in the Greek communicates a powerful message to us, “allow yourself to be lifted by God’s grace.” Where else do we see Jesus lifting a person up with His grace? How have you experienced the grace of God in your life and what was the result?

LIFE REFLECTION POINT #2

The other nine disciples were unable to cast out a demon in a young boy. Jesus told them the problems they had was due to their unbelief. How did Pastor Matt answer the question of how we should deal with unbelief in our lives? Read Romans 10:17 and Hebrews 12:2 to discover where our faith comes from.



Living in Victory Part 6: Spiritual Growth Notes

KEY VERSE

“Let us [therefore come boldly] unto the [throne of grace], that we may obtain mercy, and find grace to help in time of need" (Hebrews 4:16).

DISCOVERY QUESTION

Do you think people living in the Old Covenant would approach God boldly as is our instruction to do living in the New Covenant? What did Pastor Matt say changed the way in which we are to approach God now? See Hebrews 4:14.

LIFE REFLECTION POINT #1

Thank God that today, you and I have Jesus as our High Priest. As our High Priest, His standing before God is always right. Since Jesus was the perfect sacrifice for us, what does that do for our standing before God? See 2 Corinthians 5:21. How does the

outlook on your life change when you know that you stand permanently in the favor of God?

LIFE REFLECTION POINT#2

Pastor Matt mentioned that we all need help but where can we get our help from? Read Psalm 121:1-2 and write down where your help comes from. What are the three lies a person might believe that would prevent them from receiving God's help?

I _____ need help (I can help myself)

I _____ get help (I am helpless)

God _____ help (I am hopeless)

Read Philippians 4:19 and write the Gospel truth of God's promise to you:



Living in Victory Part 7: Spiritual Growth Notes

KEY VERSE

“Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ”
(Ephesians 1:3).

DISCOVERY QUESTION

Immediately after verse 3 Paul will go on to list 15 different spiritual gifts that we have been given. Read Ephesians 1:4-20 and write down as many as you discover. Do you think this list includes every single spiritual blessing there is are do you think there are even more?

LIFE REFLECTION POINT#1

There is not a single spiritual blessing that isn't yours right now in Christ. Paul says that “God has blessed us in the heavenly realms.” Many people have thought this means that our spiritual blessings are

waiting for us in Heaven. The Greek word for “heavenly realms” is (epouranios) which is an adjective meaning existing in Heaven or things that take place in Heaven. Knowing that the blessings that exist in Heaven belong to us now on Earth in Christ how does that change your thoughts on your day-to-day living?

LIFE REFLECTION POINT #2

Of the fifteen spiritual blessings that Pastor Matt covered what is your favorite one or two from the list of fifteen? Where there any blessings that you were unaware of or did not know what they meant before today?
